



Topic

Conversation
for Advanced

Lesson 2
Dreams

B

A young girl with long dark hair is sleeping peacefully, her eyes closed and a gentle smile on her face. She is wearing a light-colored, fuzzy blanket. The background is a deep blue night sky filled with numerous stars and a soft, glowing nebula or galaxy. The overall mood is serene and dreamlike.

“I love sleeping because dreams are way better than reality.”

Do you agree or disagree with this quote?

Target Language

Introduce the learning goals to the student.

In this lesson, we will learn to talk about

dreams:

- read an article about dreams;
- learn words and expressions about dreams in the passage;
- share your dreams.

Key words:

1. duration
2. surreal
3. bizarre
4. idiosyncratic
5. nightmare
6. notion
7. de ja vu

Reading

Read the passage and pay attention to the key words.

A dream is a series of thoughts, images, or emotions occurring during sleep. The **duration** of a dream varies from a few seconds to approximately 20 - 30 minutes.

Dreams range from normal and ordinary to **surreal** and **bizarre**. Experts presented their **idiosyncratic** interpretations of a dream or two. A prominent man in this field is Sigmund Freud. He stated that dreams are the manifestations of our deepest desires and emotions which come as **nightmares**.



Comprehension Check:

1. Who is the most prominent in the study of dreams?
2. How does he define dreams?

Reading

Read the passage and pay attention to the key words.

There has been a **notion** that a particular person or thing you dreamt about at night is the very last thing or person you thought of before you doze off; or perhaps, the thing or person you have been thinking about all day.

Well, not only that. Have you ever felt like you were doing the same thing over again, or being in the same place, or in the same situation? As if, you've been there before? This is what people call "**deja vu**". It's the feeling that you have already experienced something that is actually happening for the first time.



Comprehension Check:

3. What has been the notion about dreams at night?

Reading

Read the passage and pay attention to the key words.

It does make sense, for the most part. If you think about it, you cannot remember what you dreamt about that night. But, when it happens, you feel it. You feel as if you have been there and done that.

Nevertheless, dreams are interpreted in many different ways. Some believe it is true, some do not. No matter, dreams are one of those things that make our lives more interesting and filled with wonder.



Comprehension Check:

4. What are the interpretations of dreams?

Respond to Reading

Complete the task.

Put a ✓ if the statement is true and ✗ if it is not based on the passage.

- _____ 1. A dream is not a series of thoughts, images, or emotions occurring during sleep.
- _____ 2. The duration of a dream varies from a few seconds to approximately 20 - 30 minutes.
- _____ 3. Sigmund Freud stated that dreams are the manifestations of our deepest desires and emotions which come as good dreams.
- _____ 4. A prominent man when it comes to the study of dreams is Albert Einstein.
- _____ 5. Dreams range from normal and ordinary to surreal and bizarre.

Free Talk

Read the questions and share your opinions.

What are your dreams?



- Do you have dreams or nightmares when you sleep? If so, how often?
- Share a dream that you cannot forget. What happened in that dream?
- Some people claim that we can learn things about the future from dreams. What do you think about this idea?

Summary

Make a summary of the topic you have learned today.

Dreams can be ordinary or bizarre. However, no one knows if they mean something, but without a doubt, they can make our lives more interesting and filled with wonder.

- Make a summary of your own interpretation about dreams in sleep. Use some of the words you have learned.



1. duration
2. surreal
3. bizarre
4. idiosyncratic
5. night mare
6. notion
7. de ja vu

Your opinion...

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