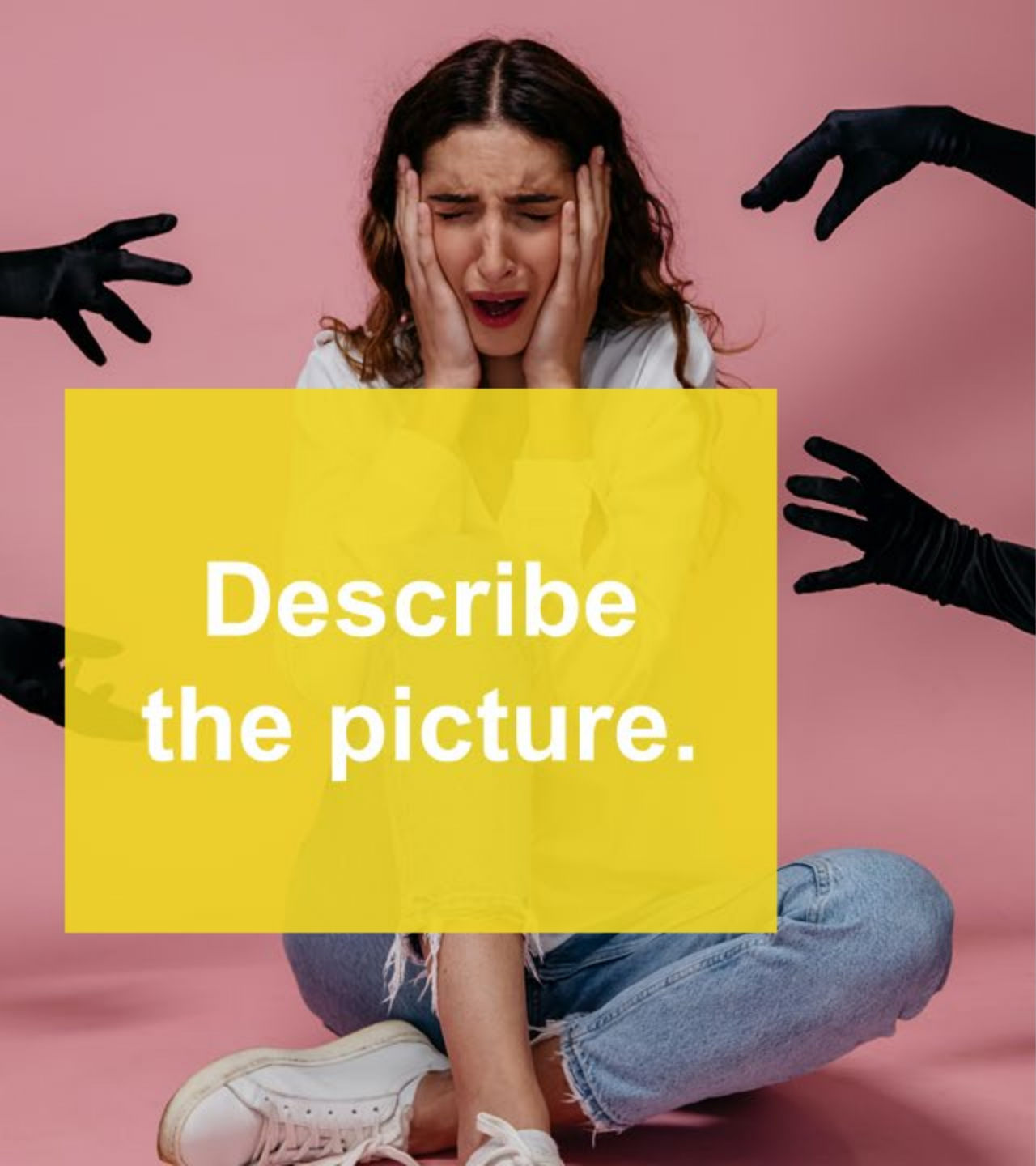


A vintage red and white Volkswagen van is parked on a dirt road in a tropical setting. The van is the central focus, with a white upper body and a red lower body. It is surrounded by lush greenery, including tall palm trees and dense foliage. The background is a bright, sunny sky. The entire scene is framed by a white border with a black outline.

Topic

Conversation for Intermediates

G5



**Describe
the picture.**

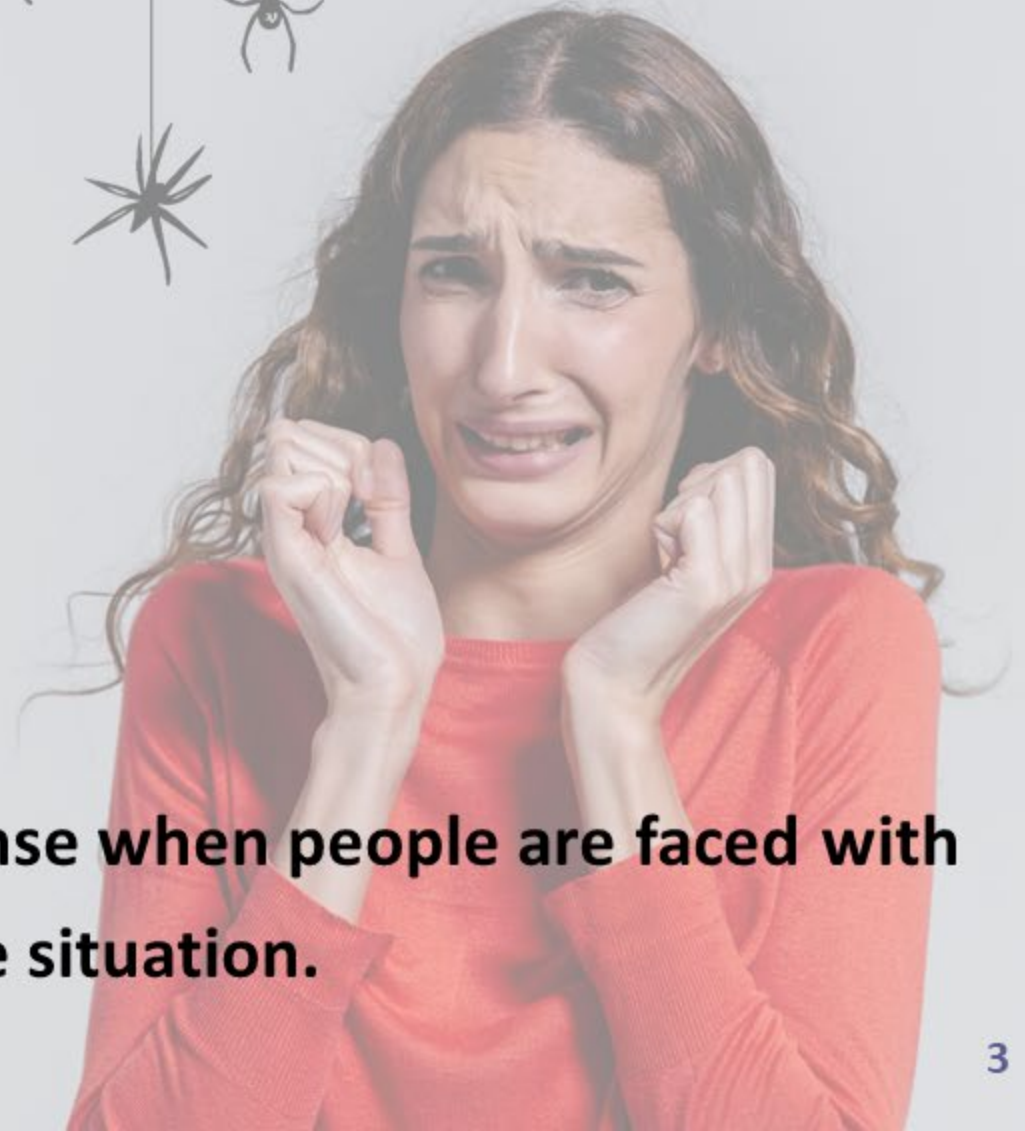




Today's Topic

Fear

Fear is an emotional and physical response when people are faced with a dangerous, unsafe, painful and strange situation.



TARGET LANGUAGE

In this lesson, we will **talk about fear**:

- learn words and expressions related to the topic;
- make sentences using these words and expressions;
- answer questions and share ideas relating to the topic.

Key phrases:

heighten

cope

phobia

public speaking

inner strength

Key Sentences

Read and share your opinions.

1. My fear is **heightened** when I see lightning and hear thunder.

Q1. What are the things that you fear?

Q2. What makes people feel more intense than usual?



| Key Sentences

Read and share your opinions.

2. People **coped** differently during the coronavirus pandemic in 2020.

Q1. How do you cope with difficult situations?



I Key Sentences

Read and share your opinions.

3. James is scared of high buildings.
He has a **phobia** of heights.

Q1. Why do you think some people have phobias?

Q2. How do you think they can cope with it?



I Key Sentences

Read and share your opinions.

4. A lot of people have a fear of **public speaking.**

Q1. Why do people have a fear of public speaking?

Q2. How can we overcome our fear of public speaking?



I Key Sentences

Read and share your opinions.

5. People use their **inner strength** to deal with mistakes and failures.

Q1. How do you deal with mistakes and failures?

Q2. How can you develop your inner strength?



Vocabulary

Read the definitions and make sentences with the words.



heightened

more intense than normal



cope

to deal and overcome problems and difficulties



phobia

an extreme and uncontrollable fear

public speaking

the act of making speeches in public



inner strength

having the willpower, self-discipline and staying power; the strength of the soul



Vocabulary Check

Choose the correct words/ phrases to complete the sentences.

phobia

inner strength

heightened

public speaking

cope

1. Mike has a _____ of dogs. He was chased by one when he was a child.
2. Practicing voice and breath control is good for _____.
3. The villagers' panic _____ when the tsunami warning was announced.
4. Developing one's _____ is as important as developing physical strength.
5. You need to be strong to _____ with life's challenges and difficulties.

I Review

Fill in the blanks with the given letter.

In life, there are many stressful and difficult situations that may **h**_____1_____ people's fears and anxiety. Some people get anxious and worry too much to a point where it gets too difficult to **c**_____2_____ up. Other people have **p**_____3_____ due to their unlikable or traumatizing past memories. For example, some have a strong dislike to **p**_____4_____ due to low self-esteem ever since they were young. Although fear is an unpleasant emotion, it is an important part of life. With this emotion, people can develop stronger **i**_____5_____ to help them fight their fears and live a more peaceful life.

Free Talk

Look at the picture and answer the questions below.

4 Major Specific Phobia Categories

Natural Environment



Astraphobia



Hydrophobia



Dendrophobia

Situations



Claustrophobia



Aerophobia



Glossophobia

Medical Treatment



Trypanophobia



Dentophobia



Hemophobia

Animals



Arachnophobia



Cynophobia



Ophidiophobia

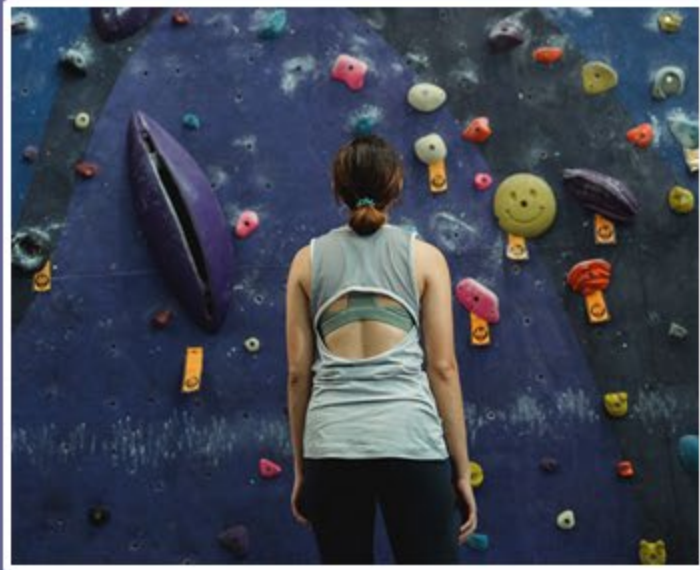
Q1: Do you know anybody who has these kinds of phobias?

Q2: Experts say that phobias can be genetic, meaning they are passed down from our parents. Do you agree or disagree?

Free Talk

Look at the pictures and answer the questions below.

**With fear, you can do two things. The first is to be brave and face it.
The second is to hide and run away from it.**



What will you do? Face it or run away?