



Topic

Conversation
for Idioms

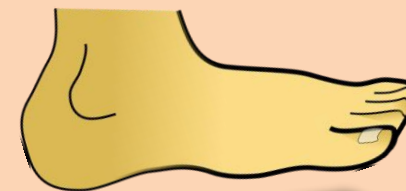
Lesson 35
Body

Lead-in

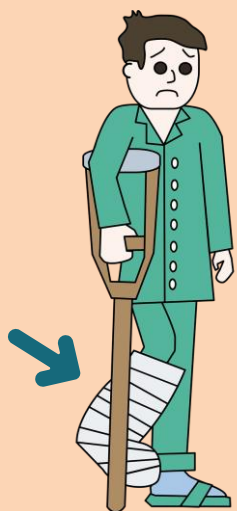
Fill in the blanks with the name of a body part.



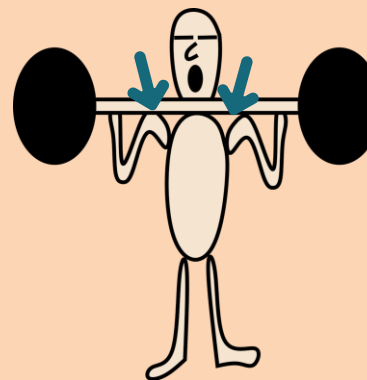
cry one's
 out



get cold



break a



weight off
one's

1. Jill always **cries her eyes out** while watching sappy movies.

Q Which is **true** about the statement?

- a. Jill's eyes are not good because she watches too many movies.
- b. Jill cries a lot whenever she watches emotional movies.



2. It would be a huge **weight off his shoulders** if he paid all his debts.

Q What things can be considered a weight on one's shoulders?

Origin

If someone is carrying a heavy object across their shoulders and they put it down, it's "a weight off their shoulders."



3. I hope your performance goes well tonight, Linda. Go **break a leg** out there!

- Q When do we use the idiom?
- when we want someone to do a lot of movements
 - when we want someone to do a good job in a show

Origin

The expression may have come from an old superstition that wishing someone good luck might cause the opposite to happen. So you wish the performer bad luck to assure the opposite.



4. I **get cold feet** just looking at the roller coaster.

Q What situations give you cold feet?

Did you know?

In the early 1900s, people would use the expression “cold-footer” to describe men that were afraid to go to war in World War 1.



Quick Review

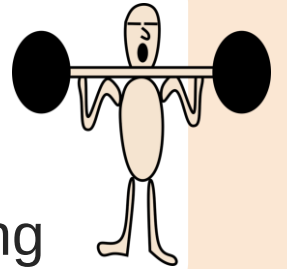


cry one's eyes out

to cry a lot for a long period of time

weight off one's shoulders

to no longer have to worry about something



Body

break a leg

to wish someone good luck, especially before a performance



get cold feet

to become too nervous to do something



Claire got cold shoulders when she was about to say her speech.

Claire got cold feet when she was about to say her speech.



Before I went on stage, my friends asked me to bend a leg.

Before I went on stage, my friends told me to break a leg.



The little boy cried out his eyes when it was time to go home.

The little boy cried his eyes out when it was time to go home.



Finishing my summer homework was a weight off my shoulders.

Finishing my summer homework weighed off my shoulders.



Practice

Fill in the blanks with the correct idiom. Change its form if necessary.

cry one's eyes out

break a leg

get cold feet

weight off one's shoulders

1. I heard it's your first time singing on stage. _____!
2. It's a _____ knowing someone will be there to take care of my dog while I'm out of town.
3. I wasn't able to perform last night because I _____ and started shaking.
4. My son _____ when his pet fish died.

**When was the last time you
got **cold feet**?**

How did you put the **weight
off your shoulders?**

