



Topic

Conversation
for Idioms

Lesson 48
Sleep

Lead-in

Complete the idioms based on the pictures.



sleep like a



sleep on

IT



not get a
of sleep



let sleeping

lie

1. My brother **slept like a log**.
He didn't even hear the thunderstorm.

- Q Which is **true** about the statement?
- a. He was scared of the thunderstorm.
 - b. His brother had a good sleep.

Origin

Logs are immobile and difficult to move, just like someone who is sleeping soundly. Some historians believe that this phrase actually comes from the sound of sawing being similar to the sound of snoring!



2. I'm unsure if I can join the trip. I'll **sleep on it** and tell you my decision tomorrow.

- Q** What does the idiom mean?
- a. to pretend to forget about something
 - b. to delay making a decision until the next day

Did you know?

Many people find that making difficult decisions is easier if they are well-rested. In addition to this, “sleeping on something” allows someone to separate oneself from the immediate issue to examine it more objectively at a later time.



3. Jackie **couldn't get a wink of sleep** last night because she took care of her baby.

Q What is the longest you've gone without sleep?

💡 Give two instances when you didn't get a wink of sleep.

- _____
- _____



4. Don't tell Mom and Dad that I broke the window. **Let sleeping dogs lie.**

Q When would it be wrong to let sleeping dogs lie?

Origin

'Let sleeping dogs lie' derives from the observation that dogs are unpredictable. When you come near a sleeping dog, you must be thinking the dog might bite you, so it would be better to leave him sleeping.



Quick Review

sleep like a log
to sleep very well

sleep on it
to delay making
a decision until
the next day

**not get a
wink of sleep**
to not sleep at all

let sleeping dogs lie
to ignore a problem because
dealing with it could cause a
more difficult situation

Sleep



Practice

Tell whether the sentence is correct or incorrect.

1

People feel refreshed if they don't get a wink of sleep.

2

When he buys anything that costs \$100, he always sleeps on it first.

3

Gerald is so tired from his work. I believe he will sleep like a log tonight.

4

She decided to tell him the truth because she didn't want to let sleeping dogs lie.

Practice

Underline the correct idiom to complete the sentence.

1 I was so tired from PE class that I **(slept like a dog, slept like a log.)**

2 His wife wanted to adopt the dog right away, but he insisted that they should **(sleep at it, sleep on it.)**

3 She **(didn't get a wink of sleep, let sleeping dogs lie)** because of so much pain after the surgery.

4 I knew that we would never reach an agreement over this issue, so it's better to **(let sleeping dogs lie, slept like a log.)**

Describe a time when you...

slept like a log

didn't get a wink of sleep

were asked by someone about something and you slept on it

let sleeping dogs lie