

SMART JUNIORS 1

The Keys to a Healthy Lifestyle

Lesson 23 Grammar Station (1)



GRAMMAR LEAD-IN

- Read Lydia's sleep routine. Complete the sentences with the provided words.

Sleep Routine

20:00 take a bath

21:00 night yoga

22:00 read a book

22:30 sleep

mine

me

my

1. A good sleep routine is beneficial to _____.
2. _____ sleep routine is good for my health.
3. This is a sleep routine of _____.



Expressions of Possession

Possession can be expressed in many ways.



We use “my” before a noun.

This is **my** bike.

This bike is **mine**.

We use “mine” without a noun.

The bike belongs to **me**.

We use “me” after “belong to.”

Possessive Determiners & Pronouns

Check the possessive determiners & pronouns in different forms.

	I	you	he	she	it	we	they
Object Pronouns	me	you	him	her	it	us	them
Possessive Determiners	my	your	his	her	its	our	their
Possessive Pronouns	mine	yours	his	hers	-	ours	theirs

 **Have a try!** Give the correct object pronoun.

1. I can't believe my dad said that this car belongs to _____ (he).
2. They said the house belongs to _____ (they).
3. We wish that all the books could belong to _____ (we).



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 **Have a try!** Give the correct possessive determiner.

1. I forgot to bring _____ (I) phone. Could you please lend me _____ (you) phone?
2. _____ (he) sister is _____ (I) mother's good friend.
3. Welcome to _____ (we) library. Please turn _____ (you) voice down.

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 **Have a try!** Give the correct possessive pronoun.

1. Look at the pen, I think it might be _____ (you).
2. The red car parked in front of the house is _____ (she).
3. All of them are friends of _____ (me).



PRACTICE TIME

- Provide the correct possessive determiners & pronouns based on the highlighted words.

1. That is my car.	That car is <u>mine</u> .	This car belongs to <u>me</u> .
2. These are our books.	These books are _____.	Do these books belong to _____?
3. Those are _____ video games.	Those video games are _____.	Those video games belong to them .
4. Is this Tom's school bag?	Is this school bag _____?	Does this school bag belong to _____?
5. _____.	_____.	That purse belongs to her .

PRACTICE TIME

- Spin the lucky wheel and get a sentence. Retell it in another way using possessive determiners and pronouns without changing the meaning.

Round 1

1. That teddy bear belongs to her.

2. The keys are theirs.

3. His car is parked outside.

4. Are these pens yours?

5. Can I borrow your calculator?

6. That is his backpack.

Round 2

1. These toys are theirs.

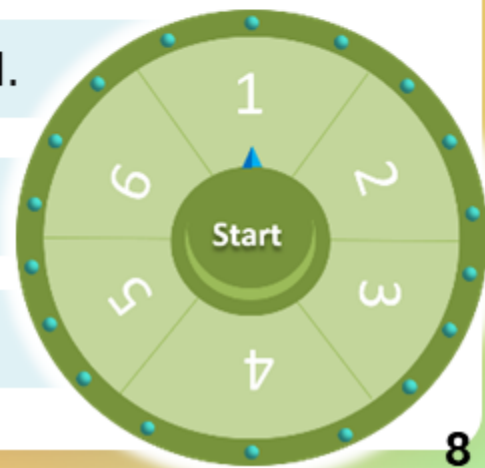
2. The house next door is hers.

3. Does the car belong to you?

4. Their house is beautiful.

5. Is this his laptop?

6. This phone is mine.



Possessive 's/of

Usually, we use **'s** and **of** to show someone/something's possession.

We use **'s** with people or animals.

- Welcome to Molly's home
- Do you know the price of the house?
- I'll stay at Molly's tonight.

We use **of** with things.

=Molly's home.

When it is a home or a business,
sometimes we don't say the noun.



Possessive 's/of

's for people or animals.

Singular

The girl's room is much bigger.

The dog's teeth are very sharp.

Plural

These girls' rooms are upstairs.

Did you prepare these dogs' food?

of for things

What's the price of that car?

The roof of this house needs to be repaired.



Have a try!

Rewrite the sentences to make them better.

e.g. The food of that dog has gone bad.

The dog's food has gone bad.

1. The house's door is broken.

2. The dress of this girl is very expensive.

3. The wings of the bird are seriously hurt.

- Read the examples. Please use **'s** or **of** to describe the pictures below.



e.g. The girl's cat is cute and fluffy.
The cat's eyes are ...



e.g. The color of the shoes is...
(any more ideas?)

TAKE A NOTE

Own

We usually use “**own**” to emphasize that something belongs to someone.

He doesn't have his **own** flat.

= He doesn't have a flat of his own.

We don't have our **own** library in school.

= We don't have a library of our own.

My sister wants to have her **own** dog.

= My sister wants to have a dog of her own.



Have a try!

Rewrite the sentence without changing its meaning.

1. She proudly displayed an artwork of her own.

2. I need to make a decision of my own.

3. He purchased his own house after years.

4. I wish I could have my own car.



- **Fill in the blanks with **our** or **of**.**

Engaging in physical activities such as jogging, cycling, or swimming can enhance ¹ _____ health. It is also crucial for us to listen to ² _____ bodies and not push beyond ³ _____ limits. Remember, consistency is key when it comes to enjoying the benefits ⁴ _____ exercise. Make sure to engage in various forms ⁵ _____ physical activities and make it into ⁶ _____ daily routine for optimal results.



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WHAT'S

NEXT...

In the next lesson, we're going to learn about
"Reflexive Pronouns." See you next time!