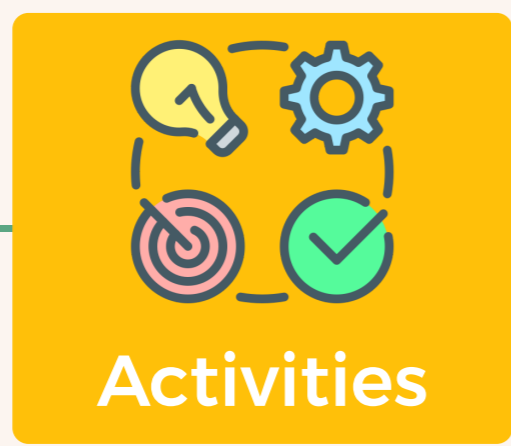


- wake up
- get up
- take a shower
- take a bath
- get dressed
- brush my hair
- make the bed
- have breakfast
- go to work
- go to school
- catch the bus
- have a break
- have lunch
- go home
- cook dinner
- have dinner
- watch TV
- drink tea/coffee
- wash the dishes
- walk the dog
- go for a walk
- go to the gym
- watch a movie
- listen to music
- go to bed



Daily Routines



- 3 o'clock —
- 5 o'clock —
- morning —
- afternoon —
- evening —
- Monday —
- Tuesday —
- Wednesday —
- Thursday —
- Friday —
- Saturday —
- Sunday —
- always —
- usually —
- often —
- sometimes —
- never —

Expressions

- I ... at ... in the morning/afternoon/evening.
- I ... before bed.
- I ... for the next day.
- I ... on (Friday) mornings/afternoons/evenings/nights.
- I ... on Mondays.
- I ... on weekends.