



- choose a destination —
- set a budget —
- book a hotel —
- create an itinerary —
- book a flight —
- check weather conditions —
- pack accordingly —

- communicate with foreign people —
- try local cuisines —
- share traditions —
- explore famous tourist spots —

- research your destination —
- inform someone about your plans —
- stay connected —
- learn basic local phrases —
- share too much information —
- leave valuables —
- ignore local customs —
- ignore travel advisories —

- reduce plastic waste —
- leave no trace —
- use biodegradable products —
- participate in eco-friendly activities —
- promote cultural preservation —
- take sustainable transportation —
- choose green accommodation —

Expressions:

In planning a trip, start by (verb-ing).
Next, ... Then, ... It is also essential to ...
and ... Don't forget to ... Lastly, .

When flying solo, we should/shouldn't ...
For a more sustainable trip, let's try to ...
It promotes environmental conservation.

A. What are the benefits of traveling abroad?
B. Traveling abroad allows us to ... and ...