

**VOCABULARY**

Listen and repeat the words and sentences.

Page **178**

**Please refer to the definition file.**



## Repetition Drill

Listen to the teacher and repeat the sentences.

Page 180

1. Violence will not solve anything.
2. Tension builds up when two people strongly disagree with each other's opinion.
3. I pity the sick.
4. He takes pride in his success.
5. I think she feels a lot of anger toward her father.
6. This kind of food is a threat to my health.

## Repetition Drill

Listen to the teacher and repeat the sentences.

Page **181**

7. He worked the girl up when he asked her out.
8. You need to back away when someone starts getting aggressive.
9. It is healthy to let yourself go sometimes.
10. My work is always on my mind.
11. The man shouting on the street is out of his mind.
12. Steer clear of negative people.

## Inflection Drill

Listen to the teacher and follow the instructions.

Page 182

1. Please back away when you see a violent man. Change: men.
2. Street violence is a big problem in some cities. Change: was.
3. Learn to let yourself go to live healthier. Change: happier.
4. Put problems out of your mind when you sleep. Change: worries.
5. My mum told me to steer clear of Danny. Change: dad.
6. She works me up so I don't hang out with her anymore. Change: go out.
7. We backed away from the old bridge. Change: they.
8. Andy danced a lot and let herself go at the party. Change: sang.

## Basic Sentence Expansion Drill

Listen to the teacher and repeat the sentences.

Page 183

1. I have lots of homework.
2. I have lots of homework on my mind.
3. I have lots of homework and projects on my mind.
4. I have lots of homework and projects on my mind; I can't think.
5. I have lots of homework and projects on my mind; I can't think properly.

## Basic Multiple-slot Substitution Drill

Listen to the teacher and repeat the sentences.

Page 184

1. Emily has anger towards her brother.
2. Emily had pride in her brother.
3. Trish had pity for her brother.
4. Trish had a threat from her brother.
5. Trish received a threat from her ex-boyfriend.
6. She received a threat from her boyfriend.
7. He got a threat from his girlfriend.

## Basic Single-slot Substitution Drill

Listen to the teacher and repeat the sentences.

Page 185

1. Too much pride destroys one's self.
2. Too much anger destroys one's self.
3. Too much anger destroys yourself.
4. Too much tension destroys yourself.
5. Too much pity destroys yourself.
6. Too much pity can destroy yourself.



**Jumbled Sentences Exercise**

Reorder the following words to make a grammatical sentence.

1. is / someone / helpful / anger /to / sometimes.
2. important / take / what/ have / pride / it / for / you / in / achieved / you / to / is.
3. result / and / threats / frequently / violence / in / tension.
4. people / some / not /respond / to / well / pity / do.

**Jumbled Sentences Exercise**

Reorder the following words to make a grammatical sentence.

5. remind / to / her / herself / on / let / the / have / to / we / go / weekend.
6. people / closed-minded / really / him / up / work.
7. away / when / a / backed / they / man / wielded / the / knife.
8. if / you / are / think / out / that / reasonable / is / of / your / you / mind / price.

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## Advanced Sentence Expansion Drill

Listen to the teacher and follow the instructions.

Page **188**

1. You have to relax. Repeat.
2. Add: when there's a problem.
3. Add: on your mind.
4. Add: that is always.
5. Add: to solve it.

**Intermediate Student asks the Teacher Exercise**

Ask the teacher the following questions.

1. What is always on your mind?
2. What do you have to steer clear of?
3. How do you manage your anger?
4. When was the last time you had tension with somebody?
5. Is there a constant threat of earthquakes in your country?
6. What works you up?
7. Do you feel pity for the disabled?
8. Have you ever witnessed an act of violence?

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**VOCABULARY**

Listen and repeat the words and sentences.

Page **190**

**Please refer to the definition file.**



## Repetition Drill

Listen to the teacher and repeat the sentences.

Page 192

1. The internet is a place where some weird trends arise.
2. Pots bang on the wall.
3. The umbrella is hooked on the edge of the table.
4. Water flows out to the ocean.
5. This street floods when it rains.
6. Babies suck their mother's breast for milk.

## Repetition Drill

Listen to the teacher and repeat the sentences.

Page 193

7. The deer used to be hunted.
8. We are staying in this office for good.
9. My friends and I are planning to get together.
10. She doesn't shut up and just goes on and on.
11. The meeting dragged on for hours.



## Basic Sentence Expansion Drill

Listen to the teacher and repeat the sentences.

Page 194

1. We got together.
2. We got together for a project.
3. We got together for a project last night.
4. We got together for a project last night and the meeting dragged on.
5. We got together for a project last night and the meeting dragged on until dawn.

## Intermediate Single-slot Substitution Drill

Listen to the teacher and follow the instructions.

Page 195

1. People flow into the streets from the station. Repeat.
2. People flow into the streets from the station. Change: smoke.
3. Smoke flows into the streets from the station. Change: rises.
4. Smoke rises into the streets from the station. Change: fire.
5. Fire rises into the streets from the station. Change: buildings.
6. Fire rises into the streets from the buildings. Change: smog.

## Advanced Single-slot Substitution Drill

Listen to the teacher and follow the instructions.

Page 196

1. Danny went on and on about a game. Repeat.
2. Change: Alice.
3. Change: website.
4. Change: goes.
5. Change: guy.
6. Change: she.
7. Change: some.
8. Change: shop.

## Question with Follow-up Question Exercise

Listen and answer the questions in complete sentences.

Page 197

1. What floods the market during the weekend? How often do you go to the market? What do you usually buy? Is seafood always fresh in the market you go to?
2. How often do you get together with your friends? What kind of place do you usually go to? What do you usually eat? Where did you go last time?
3. What may arise if you and another person do not agree? Have you had any arguments with your co-workers? How can you avoid arguments?

## Controlled Open Question Exercise

Listen and answer the questions in complete sentences.

Page 198

1. Are lions hunted in your country?
2. Does a river flow through your city?
3. Are you going to live in that country for good?
4. Do you know anyone who goes on and on when talking?
5. What meeting have you been to that dragged on?
6. What hooks on a coat hanger?
7. Do doors bang when it is windy?
8. What do we use a vacuum cleaner for?

## Basic Single-slot Substitution Drill

Listen to the teacher and repeat the sentences.

Page 199

1. It floods in our place so we will move.
2. It floods in our city so we will move.
3. It floods in our village so we will move.
4. It floods in our village but we will move.
5. It floods in our village but we will not move.
6. It flooded in our village but we will not move.
7. It flooded in their village but they will not move.
8. It will flood in their village but they will not move.

## Basic Multiple-slot Substitution Drill

Listen to the teacher and repeat the sentences.

Page 200

1. Some animals are hunted for their meat.
2. Some animals were hunted for their horns.
3. Some mammals were hunted for their horns.
4. Some mammals were hunted for their skin.
5. Some mammals are still hunted for their skin.
6. Many mammals are still hunted for their skin.
7. Many mammals are still hunted for their fur.

- 1. Those children would rarely play separately last year.**
- 2. In 1989, he would go out every Friday and party all night.**
- 3. We would stay in our pajamas the whole day last winter.**
- 4. In the past, ships would sail in the ocean for months.**
- 5. I would clean the cupboard every weekend when I was  
living alone.**



6. Clara would sell her clothes to buy new ones when she was younger.
7. Abie would buy a drink with every meal after she got promoted.
8. When this happened in the past, Allison would get angry.
9. They would come over to our house when we were there.
10. When you were five, you would just grab sweets from the counter.

- 1. Violence will not solve anything.**
- 2. Tension builds up when two people strongly disagree with each other's opinion.**
- 3. I pity the sick.**
- 4. He takes pride in his success.**
- 5. I think she feels a lot of anger toward his father.**

- 6. This kind of food is a threat to my health.**
- 7. He worked the girl up when he asked her out.**
- 8. You need to back away when someone starts getting aggressive.**
- 9. It is healthy to let yourself go sometimes.**
- 10. My work is always on my mind.**

- 1. The internet is a place where some weird trends arise.**
- 2. Pots bang on the wall.**
- 3. The umbrella is hooked to the edge of the table.**
- 4. Water flows out to the ocean.**
- 5. This street floods when it rains.**

- 6. Babies suck their mother's breast for milk.**
- 7. The deer used to be hunted.**
- 8. We are staying in this office for good.**
- 9. My friends and I are planning to get together.**
- 10. She doesn't shut up and just goes on and on.**

## Middle Syllable Pronunciation Drill

Listen to the teacher and repeat the words.

Page 207

1. beloved
2. democracy
3. capacity
4. disabled
5. garage

## Basic Multiple-slot Substitution Drill

Listen to the teacher and repeat the sentences.

Page **208**

1. He would swim every day when he was in Spain.
2. They would swim every day when they were in Spain.
3. They would bike every weekend when they were in Spain.
4. We would bike every weekend when we were in Spain.
5. We would talk every other day when we were in Spain.
6. We would go dancing every other day when we were in Cuba.
7. We would go clubbing every other day when we were in America.

## Basic Sentence Expansion Drill

Listen to the teacher and repeat the sentences.

Page 209

1. I have lots of homework.
2. I have lots of homework on my mind.
3. I have lots of homework and projects on my mind.
4. I have lots of homework and projects on my mind; I can't think.
5. I have lots of homework and projects on my mind; I can't think properly.



## Intermediate Single-slot Substitution Drill

Listen to the teacher and follow the instructions.

Page **210**

1. People flow into the streets from the station. Repeat.
2. People flow into the streets from the station. Change: smoke.
3. Smoke flows into the streets from the station. Change: rises.
4. Smoke rises into the streets from the station. Change: fire.
5. Fire rises into the streets from the station. Change: buildings.
6. Fire rises into the streets from the buildings. Change: smog.

## Mixed Drill

Listen to the teacher and follow the instructions.

Page 211

1. Last year, Shaun would make drinks for everyone. Repeat.
2. Last year, Shaun would make drinks for everyone. Change: food.
3. Last year, Shaun would make food for everyone. Add: at the center.
4. Last year, Shaun would make food for everyone at the center. Change: month.
5. Last month, Shaun would make food for everyone at the center. Change: Susan.
6. Last month, Susan would make food for everyone at the center. Transform: where.
7. Where would Susan make food for everyone last month? Transform: past simple.
8. Where did Susan make food for everyone last month? Change: soup.

## Basic Multiple-slot Substitution Drill

Listen to the teacher and repeat the sentences.

Page 212

1. Emily has anger towards her brother.
2. Emily had pride in her brother.
3. Trish had pity for her brother.
4. Trish had a threat from her brother.
5. Trish received a threat from her ex-boyfriend.
6. She received a threat from her boyfriend.
7. He got a threat from his girlfriend.

## Advanced Single-slot Substitution Drill

Listen to the teacher and follow the instructions.

Page **213**

1. Danny went on and on about a game. Repeat.
2. Change: Alice.
3. Change: website.
4. Change: goes.
5. Change: guy.
6. Change: she.
7. Change: some.
8. Change: shop.

## Advanced Sentence Expansion Drill

Listen to the teacher and follow the instructions.

Page **214**

1. You have to relax. Repeat.
2. Add: when there's a problem.
3. Add: on your mind.
4. Add: that is always.
5. Add: to solve it.

## Basic Multiple-slot Substitution Drill

Listen to the teacher and repeat the sentences.

Page 215

1. Some animals are hunted for their meat.
2. Some animals were hunted for their horns.
3. Some mammals were hunted for their horns.
4. Some mammals were hunted for their skin.
5. Some mammals are still hunted for their skin.
6. Many mammals are still hunted for their skin.
7. Many mammals are still hunted for their fur.

## Word Stress Drill

Listen to the teacher and repeat the words.

Page **216**

1. screw
2. blocked
3. bombed
4. aspect
5. welfare
6. obvious
7. nuisance
8. bulb
9. visible
10. cupboard

## Jumbled Sentences Exercise

Reorder the following words to make a grammatical sentence.

1. little / Adam / when / display / was / toys / he / all / his / would.
2. put up / living / Christmas / a / room / before / our / be / tree /  
in / would / every.
3. we / when / would / little / presents / who / give / were?
4. gifts / Jenny / wrap / all / would / for / Christmas.

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## Jumbled Sentences Exercise

Reorder the following words to make a grammatical sentence.

5. would / distributed / last / to / until / everyone / gifts / be / year.
6. he / he / anything / reached / eat / would / thirty / until.
7. she / alive / would / still / flowers / on / put / mum / table /  
when / the / was.
8. lived / my / mum / brother / cook / would / when / he / not /  
our /with.

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## Mixed Writing Exercise

Listen, follow the instructions, and write the sentences.

Page 219

1. The man shouting on the street is out of his mind. Write.
2. Steer clear of negative people. Write.
3. Last year, Shaun would make drinks for everyone. Change: food.
4. Learn to let yourself go to live healthier. Change: happier.
5. You have to relax when there's a problem. Add: on your mind.
6. Last month, Susan would make food for everyone at the center. Transform: where.
7. Danny went on and on about a game. Change: Alice.

## Common Uses of the Gerund

# gerund

Page 220

1. The first common use of a gerund is to act as the subject of the sentence.

Examples: Swimming is a very good exercise.

Running is not enjoyable for everyone.

2. Certain verbs are followed by gerunds in place of nouns.

Examples: He anticipates waiting for another hour.

She denied lying to her mother.

3. Since prepositions are always followed by nouns or noun phrases, then gerunds can also be used after prepositions.

Examples: I look forward to meeting you.

They will call us after seeing the presentation.

## Repetition Drill

Listen to the teacher and repeat the sentences.

Page 221

1. Biking is a popular hobby.
2. Annie began shaking as soon as she went outside.
3. She ate a cookie before going to school.
4. Sleeping is very relaxing and necessary for the brain.
5. He completed filling in the document.
6. I have to work hard before going on vacation.
7. Cleaning is one of my past times.
8. I hate segregating trash.
9. You have to pay the bill before leaving.
10. Changing clothes is so easy.

## Basic Multiple-slot Substitution Drill

Listen to the teacher and repeat the sentences.

Page 222

1. I don't mind riding the train to work.
2. I don't mind using the train to go to school.
3. I don't mind using the car to go to France.
4. I mind using the boat to go to France.
5. I despise using the bike to go to France.
6. I despise using a bike in France.
7. He considered using a bike in France.

## Intermediate Single-slot Substitution Drill

Listen to the teacher and follow the instructions.

Page 223

1. The center encourages helping each other. Repeat.
2. The center encourages helping each other. Change: group.
3. The group encourages helping each other. Change: enjoys.
4. The group enjoys helping each other. Change: keeps.
5. The group keeps helping each other. Change: family.
6. The family keeps helping each other. Change: starts.
7. The family starts helping each other. Change: others.
8. The family starts helping others. Change: stopped.

## Basic Sentence Expansion Drill

Listen to the teacher and repeat the sentences.

Page 224

1. Teaching helps.
2. Teaching helps children.
3. Teaching helps young children.
4. Teaching helps young children learn.
5. Teaching helps young children learn to understand.
6. Teaching helps young children learn to understand life.

## Basic Single-slot Substitution Drill

Listen to the teacher and repeat the sentences.

Page 225

1. We are really bad at calculating money.
2. We are really bad at saving money.
3. We are really good at saving money.
4. We are really good at getting money.
5. We are really good at losing money.
6. They are really good at losing money.
7. They are really good at spending money.
8. They are really experts at spending money.



## Open Question Exercise

Listen and answer the questions in complete sentences.

Page 226

1. What do you prefer to do on a weekend?
2. What habit did you stop this year?
3. What do you remember eating as a child?
4. What did you begin doing lately?
5. What can't you help noticing when you commute to work?
6. Where do you consider moving to when you retire?
7. Why do some people dislike drinking beer?
8. Do you dislike eating spicy food? Why or why not?

## Question and Answer Drill

Listen and answer the questions in complete sentences.

Page 227

1. Is frying food not healthy?
2. Does dreaming mean you are sleeping deeply?
3. Is looking at the computer for too long unhealthy?
4. Is learning English fun?
5. Is studying sometimes tiring?
6. Can driving a car be tiring?
7. Can resting help cure a cold?
8. Does walking by the beach help you relax?

**Intermediate Student asks the Teacher Exercise**

Ask the teacher the following questions.

1. Do you eat before going to bed?
2. Do you look at your phone after going to bed?
3. What do you do after taking a bath?
4. Do you wash the dishes after eating dinner?
5. How long is your commute before reaching your workplace?
6. Do you sometimes go out without taking a shower?
7. Do you worry about getting sick?
8. Are you against working overtime?

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**VOCABULARY**

Listen and repeat the words and sentences.

Page **229**

**Please refer to the definition file.**



## Repetition Drill

Listen to the teacher and repeat the sentences.

Page 231

1. A country's unity is very important to maintain its peace.
2. His painting is incredible.
3. The man on TV is saying a lot of nonsensical information.
4. The room is boiling in summer.
5. It is incredibly difficult to get into that school.
6. Even if I don't like him, I'm still acting civil.

## Repetition Drill

Listen to the teacher and repeat the sentences.

Page 232

7. She lost her job, unfortunately.
8. The woman broke down after her husband's funeral.
9. You have to calm down to be able to talk properly.
10. Even though she didn't like their plan, Viola bit her tongue.
11. He likes to play with fire and make bad decisions.
12. Don't ask about Dom's love life, it's a sore point.

## Basic Sentence Expansion Drill

Listen to the teacher and repeat the sentences.

Page 233

1. We had to bite our tongues.
2. We had to bite our tongues this morning.
3. We had to bite our tongues this morning in the meeting.
4. We had to bite our tongues this morning in the meeting when Joe was talking.
5. We had to bite our tongues this morning in the meeting when Joe was talking nonsense.



## Intermediate Sentence Expansion Drill

Listen to the teacher and follow the instructions.

Page 234

1. It was incredible. Repeat.
2. It was incredible. Add: to watch their play.
3. It was incredible to watch their play. Add: in the theater.
4. It was incredible to watch their play in the theater. Add: and Tina broke down.
5. It was incredible to watch their play in the theater and Tina broke down. Add: at the end.

## Basic Single-slot Substitution Drill

Listen to the teacher and repeat the sentences.

Page 235

1. Tim and I had an incredible talk.
2. Tim and I had a civil talk.
3. Tim and I had a civil meeting.
4. Tim and I had a nonsense meeting.
5. Tim and I had an interesting meeting.
6. Tim and I will have an interesting meeting.
7. Tim and I will have an interesting project.
8. Tim and I shall have an interesting project.

## Transformation Drill

Listen to the teacher and follow the instructions.

Page 236

1. I don't want to go to the beach since it is boiling. Repeat.
2. I don't want to go to the beach since it is boiling. Transform: who.
3. It was incredibly amusing to watch the ballet. Repeat.
4. It was incredibly amusing to watch the ballet. Transform: what.
5. He was unfortunately accused of a serious crime. Repeat.
6. He was unfortunately accused of a serious crime. Transform: what.
7. You need to calm down before your report tomorrow. Repeat.
8. You need to calm down before your report tomorrow. Transform: when.

## Transformation Drill

Listen to the teacher and follow the instructions.

Page 237

9. Let's not discuss what happened in France since it is a sore point. Repeat.
10. Let's not discuss what happened in France since it is a sore point.  
Transform: why.
11. It was boiling hot in Spain last month. Repeat.
12. It was boiling hot in Spain last month. Transform: where.
13. Andrea wants to be civil when she sees her ex-husband. Repeat.
14. Andrea wants to be civil when she sees her ex-husband. Transform: who.
15. There is peace when there is unity. Repeat.
16. There is peace when there is unity. Transform: what.

## Student-led Minimal Pair Column Drill

Read one word from column A or B, and then let the teacher tell you which column it is from.

**A**

1. ship
2. lightning
3. protest (v)
4. proceed (v)
5. incredible

**B**

- sheep
- lighting
- protest (n)
- proceed (n)
- incredibly

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## Basic Multiple-slot Substitution Drill

Listen to the teacher and repeat the sentences.

Page 239

1. Janet broke down after talking to her father.
2. Janet calmed down after talking to her mother.
3. She calmed down after talking to her sister.
4. He relaxed after talking to his sister.
5. They relaxed after calling their sister.
6. They broke down before calling their sister.

## Jumbled Sentences Exercise

Reorder the following words to make a grammatical sentence.

1. we / watched / dramatic / the / was / movie / incredibly.
2. this / he / worst / got / shift / unfortunately / week / the / work.
3. bite / sometimes / you / avoid / your / have / tongue / to / conflict / to.
4. world / there / among / unity / be / of / the / should / leaders / the.

Page **240**

**Jumbled Sentences Exercise**

Reorder the following words to make a grammatical sentence.

5. playing / decent / Ivan / job / stop / find / fire / and / with / has / a / to.

6. sore / after / resignation / work / his / him / point / become / has / to / a.

7. baking / boiling / the / when / they / shop / is / are.

8. store / are / lot / nonsense / products / a / in / the / there / of.



## Why and Because Exercise

Listen and answer the questions in complete sentences.

Page 242

1. Why do people break down?
2. Why do people act civil to others they don't like?
3. Why do you think unity is important at school?
4. Why do we do nonsensical things?
5. Why is the Eiffel Tower incredible?
6. Why do people bite their tongues and not say anything?
7. Why do some people like playing with fire?

**Sentence Intonation Drill**

Listen and practice the intonation of these sentences.

1. The prisoner and murderer were confined in the cell in the morning today.
2. Democracy was approved last week after the joint presidential meeting.
3. He was up to something while they were looking for academic articles.

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**Sentence Intonation Drill**

Listen and practice the intonation of these sentences.

4. The city center features commercial stalls for vendors during the Christmas season.
5. Tension builds up when two people strongly disagree with each other's opinion.
6. You have to relax when there's a problem that's always on your mind.

Page **244**

- 1. Biking is a popular hobby.**
- 2. Annie began shaking as soon as she went outside.**
- 3. She ate a cookie before going to school.**
- 4. Sleeping is very relaxing and necessary for the brain.**
- 5. He completed filling in the document.**

- 6. I have to work hard before going on vacation.**
- 7. Cleaning is one of my past times.**
- 8. I hate segregating trash.**
- 9. You have to pay the bill before leaving.**
- 10. Changing clothes is so easy**

- 1. A country's unity is very important to maintain its peace.**
- 2. His painting is incredible.**
- 3. The man on TV is saying a lot of nonsensical information.**
- 4. The room is boiling in summer.**
- 5. It is incredibly difficult to get into that school.**

- 6. Even if I don't like him, I'm still acting civil.**
- 7. She lost her job, unfortunately.**
- 8. The woman broke down after her husband's funeral.**
- 9. You have to calm down to be able to talk properly.**
- 10. Even though she didn't like their plan, Viola bit her tongue.**

- 1. I don't mind riding the train to work.**
- 2. I don't mind using the train to go to school.**
- 3. I don't mind using the car to go to France.**
- 4. I mind using the boat to go to France.**
- 5. I despise using the bike to go to France.**
- 6. I despise using a bike in France.**
- 7. He considered using a bike in France.**



## Student-led Minimal Pair Column Drill

Read one word from column A or B, and then let the teacher tell you which column it is from.

**A**

1. ship
2. lightning
3. protest (v)
4. proceed (v)
5. incredible

**B**

- sheep
- lighting
- protest (n)
- proceed (n)
- incredibly

Page 250

## Intermediate Single-slot Substitution Drill

Listen to the teacher and follow the instructions.

Page 251

1. The center encourages helping each other. Repeat.
2. The center encourages helping each other. Change: group.
3. The group encourages helping each other. Change: enjoys.
4. The group enjoys helping each other. Change: keeps.
5. The group keeps helping each other. Change: family.
6. The family keeps helping each other. Change: starts.
7. The family starts helping each other. Change: others.
8. The family starts helping others. Change: stopped.

## Basic Sentence Expansion Drill

Listen to the teacher and repeat the sentences.

Page 252

1. We had to bite our tongues.
2. We had to bite our tongues this morning.
3. We had to bite our tongues this morning in the meeting.
4. We had to bite our tongues this morning in the meeting when Joe was talking.
5. We had to bite our tongues this morning in the meeting when Joe was talking nonsense.

## Intermediate Sentence Expansion Drill

Listen to the teacher and follow the instructions.

Page 253

1. It was incredible. Repeat.
2. It was incredible. Add: to watch their play.
3. It was incredible to watch their play. Add: in the theater.
4. It was incredible to watch their play in the theater. Add: and Tina broke down.
5. It was incredible to watch their play in the theater and Tina broke down. Add: at the end.

## Basic Single-slot Substitution Drill

Listen to the teacher and repeat the sentences.

Page 254

1. We are really bad at calculating money.
2. We are really bad at saving money.
3. We are really good at saving money.
4. We are really good at getting money.
5. We are really good at losing money.
6. They are really good at losing money.
7. They are really good at spending money.
8. They are really experts at spending money.

## Question and Answer Drill

Listen and answer the questions in complete sentences.

Page 255

1. Is frying food not healthy?
2. Does dreaming mean you are sleeping deeply?
3. Is looking at the computer for too long unhealthy?
4. Is learning English fun?
5. Is studying sometimes tiring?
6. Can driving a car be tiring?
7. Can resting help cure a cold?
8. Does walking by the beach help you relax?

## Transformation Drill

Listen to the teacher and follow the instructions.

Page 256

1. I don't want to go to the beach since it is boiling. Repeat.
2. I don't want to go to the beach since it is boiling. Transform: who.
3. It was incredibly amusing to watch the ballet. Repeat.
4. It was incredibly amusing to watch the ballet. Transform: what.
5. He was unfortunately accused of a serious crime. Repeat.
6. He was unfortunately accused of a serious crime. Transform: what.
7. You need to calm down before your report tomorrow. Repeat.
8. You need to calm down before your report tomorrow. Transform: when.

## Transformation Drill

Listen to the teacher and follow the instructions.

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9. Let's not discuss what happened in France since it is a sore point. Repeat.

10. Let's not discuss what happened in France since it is a sore point.  
Transform: why.

11. It was boiling hot in Spain last month. Repeat.

12. It was boiling hot in Spain last month. Transform: where.

13. Andrea wants to be civil when she sees her ex-husband. Repeat.

14. Andrea wants to be civil when she sees her ex-husband. Transform: who.

15. There is peace when there is unity. Repeat.

16. There is peace when there is unity. Transform: what.



## Basic Multiple-slot Substitution Drill

Listen to the teacher and repeat the sentences.

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1. Janet broke down after talking to her father.
2. Janet calmed down after talking to her mother.
3. She calmed down after talking to her sister.
4. He relaxed after talking to his sister.
5. They relaxed after calling their sister.
6. They broke down before calling their sister.

## Why and Because Exercise

Listen and answer the questions in complete sentences.

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1. Why do people break down? --
2. Why do people act civil to others they don't like?
3. Why do you think unity is important at school?
4. Why do we do nonsensical things?
5. Why is the Eiffel Tower incredible?
6. Why do people bite their tongues and not say anything?
7. Why do some people like playing with fire?

**Sentence Intonation Drill**

Listen and practice the intonation of these sentences.

1. The prisoner and murderer were confined in the cell in the morning today.
2. Democracy was approved last week after the joint presidential meeting.
3. He was up to something while they were looking for academic articles.

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**Sentence Intonation Drill**

Listen and practice the intonation of these sentences.

4. The city center features commercial stalls for vendors during the Christmas season.
5. Tension builds up when two people strongly disagree with each other's opinion.
6. You have to relax when there's a problem that's always on your mind.

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**Intermediate Student asks the Teacher Exercise**

Ask the teacher the following questions.

1. Do you eat before going to bed?
2. Do you look at your phone after going to bed?
3. What do you do after taking a bath?
4. Do you wash the dishes after eating dinner?
5. How long is your commute before reaching your workplace?
6. Do you sometimes go out without taking a shower?
7. Do you worry about getting sick?
8. Are you against working overtime?

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## Writing Exercise

Listen and type the sentences in the chat box.

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1. He likes to play with fire and make bad decisions.
2. He considered using a bike in France.
3. Teaching helps young children learn to understand life.
4. Don't ask about Dom's love life, it's a sore point.
5. It was incredible to watch their play in the theater and Tina broke down.
6. Tim and I had an incredible talk.
7. They are really experts at spending money.
8. The group encourages helping each other.