



# SMART JUNIORS 2

## Ups and Downs at Work

### Lesson 2

### Read for Main Idea



## Academic Vocabulary

Read the sentences. Choose the correct definition of the highlighted word.

1. Mike got a C in his final test, and he felt so **frustrated**.



*n.* something that controls and limits what you do

2. You want \$400, and I suggest \$300, so let's **compromise** at \$350.



*adj.* feeling less confident because you cannot achieve what you want

3. Being short on money puts a **constraint** on me to buy what I like.



*v.* to reduce your demands in order to reach an agreement with someone

## Academic Vocabulary

Read the sentences. Choose the correct definition of the highlighted word.

4. He always sees the bad side of things and is so **negative** about everything!



*adj.* very great or very large

5. He was **accomplished** in all the arts.



*adj.* to consider only the bad side of a situation

6. I felt **overwhelming** peace when I listened to this lovely music.



*adj.* being able to do or finish something successfully

## Think Before Reading

**Which of the following jobs do you think is the easiest?  
Which of them do you think is the most challenging one?**



**an architect**



**a chef**



**a cleaner**

## Ups and Downs at Work



### Predict From the Title

Look at the **title** and answer the questions below.

1. What is the interview's title?
2. Based on the title, what is the interview about?

I think the interview is about...

.....

.....

.....

Ella: Hey everyone, welcome to Ella's channel, "Talking to 100 Different Jobs". Behind me you can see a fancy building with a lot of offices, shops, restaurants inside. In today's video, we're going to interview three different people working inside and explore the ups and downs of their job. Follow me!

Ella: Good day! Thank you for joining us today. We would like to discuss both your most frustrating and fulfilling moments in your daily work. Can you recall an experience that left you feeling frustrated or challenged?

Architect: One of the frustrating moments was when we faced unexpected budget constraints, forcing us to compromise certain design elements we were passionate about.

Chef: The saddest moments for me are when I receive negative feedback about a dish or encounter a dissatisfied customer. As a chef, my goal is always to create memorable dining experiences.

Cleaner: I feel truly sad when I meet some people who disregard the cleanliness of the building or create unnecessary messes.

Ella: Now, talking about fulfilling experiences, can you share a moment that made you feel accomplished and satisfied?

Architect: One of my most fulfilling moments was when we completed the building's design. Seeing our vision realized and people appreciating the spaces we created brought great satisfaction.

Chef: For me, the most fulfilling moments are when I create a new dish that receives overwhelming praise from customers.

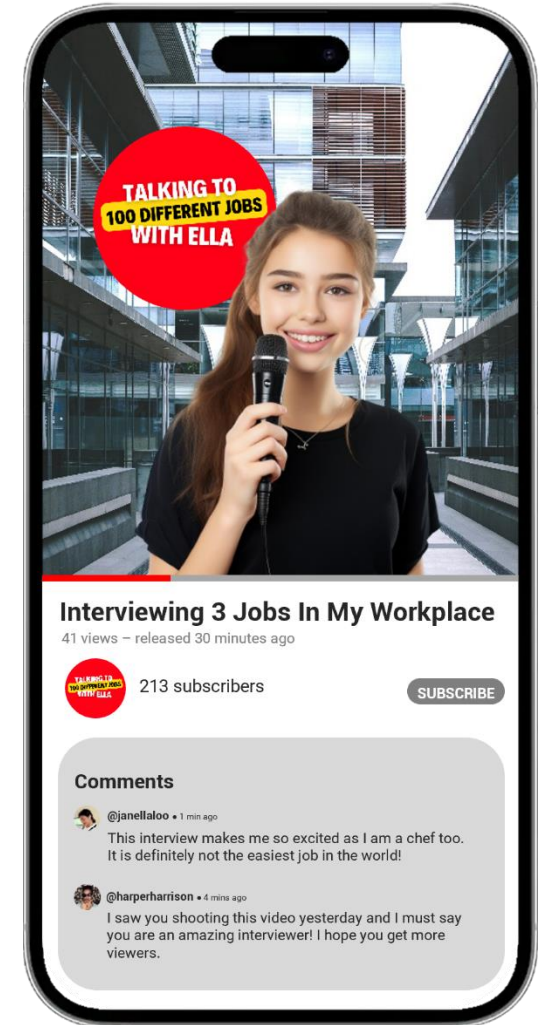
Cleaner: My most fulfilling moments often come from small acts of appreciation from the building's occupants. When someone thanks me for keeping the building clean, it makes me feel valued.

Ella: Thank you all for sharing your ups and downs at work with us. It's clear that every job has its tough times, but each one has its unique way to succeed.

- Listen and read the interview script.

## Ups and Downs at Work

- ▶ (Ella has just opened her YouTube channel called "Talking to 100 Different Jobs". She decided to start by interviewing people who work in the same building as her. She gained access to the building's architect, a chef in a restaurant, and a cleaner in the building.)
- ▶ **Ella:** Hey everyone, welcome to Ella's channel, "Talking to 100 Different Jobs". Behind me, you can see a fancy building with a lot of offices, shops, and restaurants inside. In today's video, we're going to interview three different people working inside and explore the ups and downs of their jobs. Follow me!



- ▶ **Ella:** Good day! Thank you for joining us today. We would like to discuss both your most frustrating and fulfilling moments in your daily work. Can you tell me an experience that left you feeling **frustrated** or challenged?

**Architect:** One of the frustrating moments was when we faced unexpected budget **constraints**, forcing us to **compromise** certain design elements we were passionate about.

**Chef:** The saddest moments for me are when I receive **negative** feedback about a dish or encounter a dissatisfied customer. As a chef, my goal is always to create memorable dining experiences.

**Cleaner:** I feel truly sad when I meet some people who disregard the cleanliness of the building or create unnecessary messes.



- ▶ **Ella:** Now, talking about fulfilling experiences, would you like to share a moment that made you feel **accomplished** and satisfied in your job?

**Architect:** One of my most fulfilling moments was when we completed the building's design. Seeing our vision realized and people appreciating the spaces we created brought great satisfaction.

**Chef:** For me, the most fulfilling moments are when I create a new dish that receives **overwhelming** praise from customers.

**Cleaner:** My most fulfilling moments often come from small acts of appreciation from the building's occupants. When someone thanks me for keeping the building clean, it makes me feel valued.

**Ella:** Thank you all for sharing your ups and downs at work with us. It's clear that every job has its tough times, but each one has its unique way to succeed.





## Ups and Downs at Work

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### The Main Idea

What do you think is the main idea of the interview?

- A** It explores the fulfilling moments of different jobs.
- B** It explores the frustrating moments of different jobs.
- C** It explores both the fulfilling and frustrating moments of different jobs.

## Main Idea for Paragraphs



**Skim Part 1 and answer.**

1. Which sentence tells the purpose of the interview?
2. What specific words or phrases helped you spot this sentence?

### Skimming Strategy

Indicating words like “**Today, we’re going to...**” help you quickly find the main purpose of a speech.



## Ups and Downs at Work | [Part 1](#)

Ella: Hey everyone, welcome to Ella’s channel, “Talking to 100 Different Jobs”. Behind me, you can see a fancy building with a lot of offices, shops, and restaurants inside. In today’s video, we’re going to interview three different people working inside and explore the ups and downs of their jobs. Follow me!

## Main Idea for Paragraphs



**Skim Part 2 and answer.**

1. What are/were the frustrating moments for the architect, the chef, and the cleaner?
2. How did you quickly spot them?

### Skimming Strategy

If the skimming task is about a certain word ('frustrating'), search for similar words in the text to locate the answer.



## Ups and Downs at Work | Part 2

**Architect:** One of the frustrating moments was when we faced unexpected budget constraints, forcing us to compromise certain design elements we were passionate about.

**Chef:** The saddest moments for me are when I receive negative feedback about a dish or encounter a dissatisfied customer. As a chef, my goal is always to create memorable dining experiences.

**Cleaner:** I feel truly sad when I meet some people who disregard the cleanliness of the building or create unnecessary messes.

## Main Idea for Paragraphs



**Skim Part 3 and answer.**

1. What are/were the fulfilling moments for the architect, the chef, and the cleaner?
2. How did you quickly spot them?

### Skimming Strategy

If the skimming task is about a certain word ('fulfilling'), search for similar words in the text to locate the answer.



## Ups and Downs at Work | Part 3

**Architect:** One of my most fulfilling moments was when we completed the building's design. Seeing our vision realized and people appreciating the spaces we created brought great satisfaction.

**Chef:** For me, the most fulfilling moments are when I create a new dish that receives overwhelming praise from customers.

**Cleaner:** My most fulfilling moments often come from small acts of appreciation from the building's occupants. When someone thanks me for keeping the building clean, it makes me feel valued.

## Main Idea for Paragraphs



**Skim Part 4 and answer.**

1. Can you quickly tell that it is the ending of the interview?
2. How did you figure it out?

### Skimming Strategy

To end an interview, the interviewer usually says “**thank you for...**” to the interviewees and makes a conclusion.



Ups and Downs at Work | [Part 4](#)

**Ella:** Thank you all for sharing your ups and downs at work with us. It's clear that every job has its tough times, but each one has its unique way to succeed.



## Academic Vocabulary

frustrated

constraint

occupant

negative

overwhelming

accomplished

## Read for Main Idea

### SKIMMING STRATEGY

1. Indicating words like “Today, we’re going to ...” help you quickly find the main purpose of a speech.
2. If the skimming task is about **a certain word**, search for similar words in the text to locate the answer.
3. To end an interview, the interviewer usually says “**thank you for...**” to the interviewees and makes a conclusion.





# WHAT'S NEXT...

In the next lesson, we're going to read the interview in detail. See you next time!