



# SMART JUNIORS 2

**Full Smartphone Access:  
Is it Harmful or Helpful to the Youth?**

**Lesson 33**  
**Read for Detail**



- Listen and review the essay.

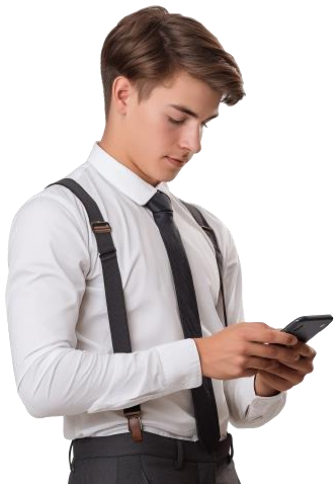
## Full Smartphone Access: Is it Harmful or Helpful to the Youth?

- ▶ Smartphone usage has become more common among young people in today's digital age. In the United States, for example, a 2022 study found that 61% of US teens say they have access to their smartphones all the time. This means that they can use their smartphones whenever they want, without any restrictions from their parents. Many claim that youth should have unrestricted access to smartphones, but I strongly disagree due to several important reasons.



# LISTEN AND REVIEW

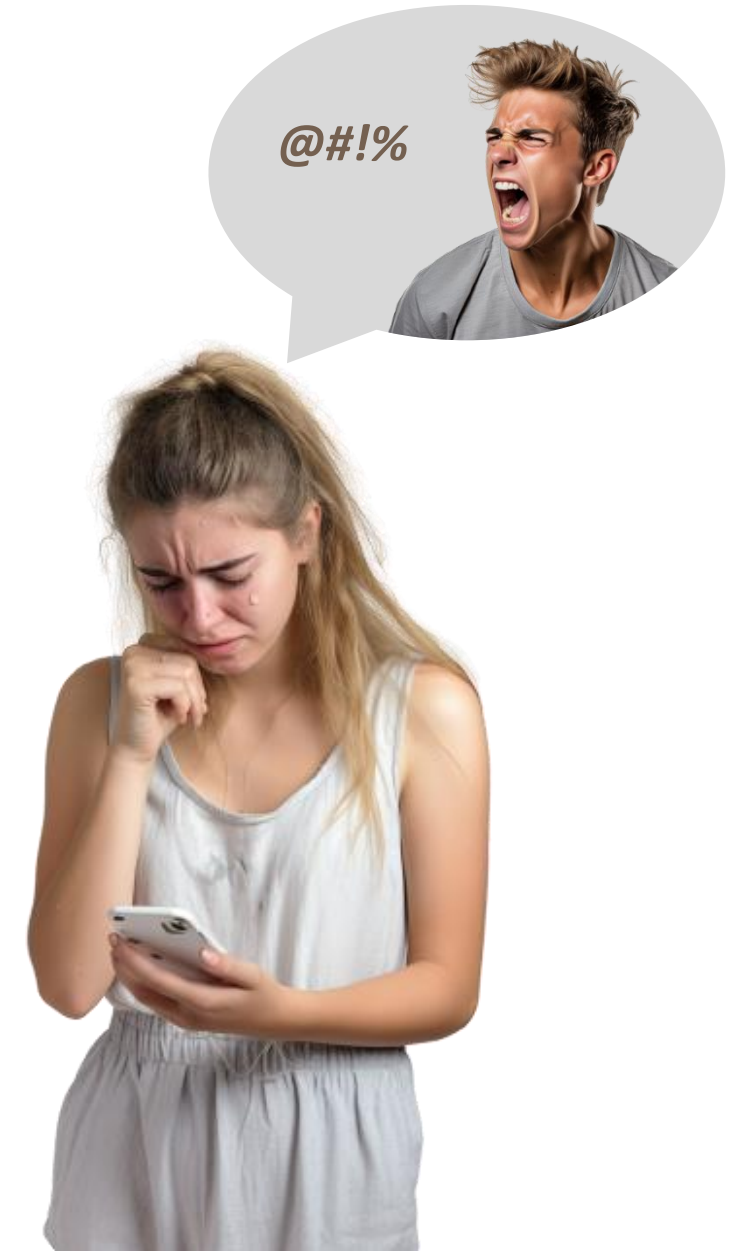
- ▶ Some people argue that giving the youth unlimited access to smartphones can greatly benefit their education. It's true; smartphones have loads of educational apps that can make learning fun. However, there's a downside to this. Just as these teenagers have too much freedom with their smartphones, so too might they use them to cheat on tests. A study conducted by the Pew Research Center in 2022 found that 19% of U.S. teens say they have cheated on a test using their smartphone. This includes using their phones to look up answers, messaging other students for answers, or taking photos of test questions.





# LISTEN AND REVIEW

- ▶ Many people support the idea of youngsters having complete access to smartphones because it helps them stay connected with family and friends. In spite of this convenience, it comes with a serious risk – cyberbullying. The more time they spend online, the more likely they are to encounter hurtful messages from others, which can have severe emotional consequences. Just take Emily's daughter, Sarah, as an example. Sarah, who had unrestricted smartphone access, went through cyberbullying. Her classmates sent her rude messages on social media, and as a result, it hurt her self-confidence and made her anxious about using her phone.



## LISTEN AND REVIEW

- ▶ Smartphones offer plenty of fun and entertainment with games, videos, and apps. Supporters say it's a great way for these young people to relax and enjoy themselves. But here's the catch – too much smartphone time can lead to addiction and harm their schoolwork. In fact, a recent survey by Common Sense Media tells us that 72% of teens check their phones at least once an hour, and 75% say they have been distracted from their homework by their phones.
- ▶ In conclusion, apart from the advantages, like educational apps, communication, and entertainment, there are also serious risks, such as cyberbullying, addiction, and poor school performance. This is why I believe it's essential for parents to set some boundaries on how children use their smartphones rather than letting them use them without any restrictions.

- **Read Paragraph 2 and select the options that are true about the 2022 study mentioned.**

- The study found out that some teens in the U.S. use their phones to cheat.
- The study was conducted in the USA and Australia.
- Some teens cheat by taking photos of test questions.
- Teens have cheated on a test using their computers.

## Full Smartphone Access: Is it Harmful or Helpful to the Youth?

Paragraph 2

Some people argue that giving the youth unlimited access to smartphones can greatly benefit their education. It's true; smartphones have loads of educational apps that can make learning fun. However, there's a downside to this. Just as these teenagers have too much freedom with their smartphones, so too might they use them to cheat on tests. A study conducted by the Pew Research Center in 2022 found that 19% of U.S. teens say they have cheated on a test using their smartphone. This includes using their phones to look up answers, messaging other students for answers, or taking photos of test questions.

- Read Paragraph 3 and complete the tasks below.

1. The problem when it comes to allowing young people full access to smartphones is the possibility of \_\_\_\_\_.

2. How did this problem affect Sarah?  
\_\_\_\_\_.

## Full Smartphone Access: Is it Harmful or Helpful to the Youth?

### Paragraph 3

Many people support the idea of youngsters having complete access to smartphones because it helps them stay connected with family and friends. In spite of this convenience, it comes with a serious risk – cyberbullying. The more time they spend online, the more likely they are to encounter hurtful messages from others, which can have severe emotional consequences. Just take Emily's daughter, Sarah, as an example. Sarah, who had unrestricted smartphone access, went through cyberbullying. Her classmates sent her rude messages on social media, and as a result, it hurt her self-confidence and made her anxious about using her phone.

## Useful Expressions

**In spite of** this convenience, it comes with a serious risk - cyberbullying.



## Let Me Try!

In spite of this \_\_\_\_\_,

\_\_\_\_\_

\_\_\_\_\_.

Full Smartphone Access: Is it Harmful or Helpful to the Youth?

Paragraph 3

Many people support the idea of youngsters having complete access to smartphones because it helps them stay connected with family and friends. In spite of this convenience, it comes with a serious risk – cyberbullying. The more time they spend online, the more likely they are to encounter hurtful messages from others, which can have severe emotional consequences. Just take Emily's daughter, Sarah, as an example. Sarah, who had unrestricted smartphone access, went through cyberbullying. Her classmates sent her rude messages on social media, and as a result, it hurt her self-confidence and made her anxious about using her phone.



- Read Paragraph 4 and answer the question.

**What did a recent survey by Common Sense Media reveal about teenagers and their smartphone usage, particularly in relation to schoolwork?**

- A** A big percentage of teens check their phones every hour or two.
- B** 72% of teens have experienced being distracted by their phones when doing their homework.
- C** The survey found that a big percentage of teens are negatively affected by the use of smartphones.

**Full Smartphone Access: Is it Harmful or Helpful to the Youth?** | Paragraph 4

Smartphones offer plenty of fun and entertainment with games, videos, and apps. Supporters say it's a great way for these young people to relax and enjoy themselves. But here's the catch – too much smartphone time can lead to addiction and harm their schoolwork. In fact, a recent survey by Common Sense Media tells us that 72% of teens check their phones at least once an hour, and 75% say they have been distracted from their homework by their phones.

## Useful Expressions

**But here's the catch** – too much smartphone time can lead to addiction and harm their schoolwork.



## Let Me Try!

But here's the catch – \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_.

Full Smartphone Access: Is it Harmful or Helpful to the Youth?

Paragraph 4

Smartphones offer plenty of fun and entertainment with games, videos, and apps. Supporters say it's a great way for these young people to relax and enjoy themselves.

But here's the catch – too much smartphone time can lead to addiction and harm their schoolwork.

In fact, a recent survey by Common Sense Media tells us that 72% of teens check their phones at least once an hour, and 75% say they have been distracted from their homework by their phones.

- Read Paragraph 5 and complete the details below.

## Advantages of Smartphones:

1

2

3

## Disadvantages of Smartphones:

1

2

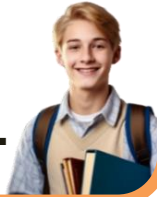
3

Full Smartphone Access: Is it Harmful or Helpful to the Youth? | Paragraph 5

In conclusion, apart from the advantages, like educational apps, communication, and entertainment, there are also serious risks, such as cyberbullying, addiction, and poor school performance. This is why I believe it's essential for parents to set some boundaries on how children use their smartphones rather than letting them use them without any restrictions.

## Useful Expressions

Apart from the advantages, like educational apps, communication, and entertainment, there are also serious risks, such as cyberbullying...



## Let Me Try!

Apart from \_\_\_\_\_,  
there are also \_\_\_\_\_  
\_\_\_\_\_.

Full Smartphone Access: Is it Harmful or Helpful to the Youth?

Paragraph 5

In conclusion, apart from the advantages, like educational apps, communication, and entertainment, there are also serious risks, such as cyberbullying, addiction, and poor school performance. This is why I believe it's essential for parents to set some boundaries on how children use their smartphones rather than letting them use them without any restrictions.

## Making Inferences

- Read the highlighted sentence and answer the questions.

1. Why do you think teens feel the need to check their phones at least once an hour?
2. How will this action affect young people's lives 10 years later?

Full Smartphone Access: Is it Harmful or Helpful to the Youth? | Paragraph 4

Smartphones offer plenty of fun and entertainment with games, videos, and apps. Supporters say it's a great way for these young people to relax and enjoy themselves. But here's the catch – too much smartphone time can lead to addiction and harm their schoolwork. In fact, a recent survey by Common Sense Media tells us that 72% of teens check their phones at least once an hour, and 75% say they have been distracted from their homework by their phones.



- **Discuss with your teacher.**

## Smartphones for the Youth

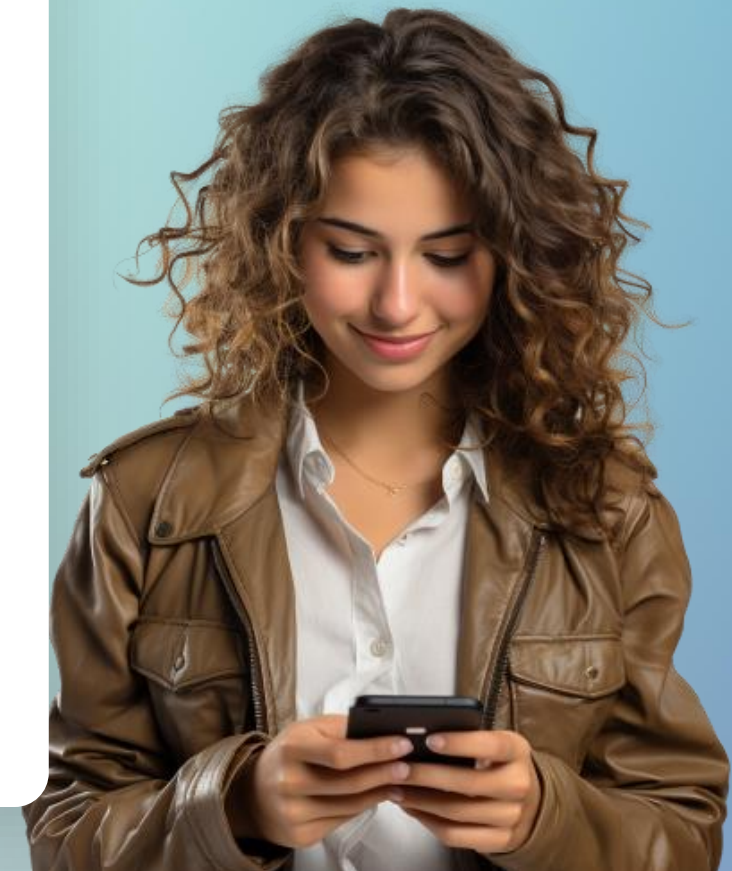
1. What are the benefits of having a smartphone, and what are the dangers that might come with them?
2. Do you think the youth should have rules for using smartphones, or should they be free to use them however they want?





- **Complete the summary of the essay.**

S\_\_\_\_\_ use is common among young people, with 61% of US teens having unrestricted access. While smartphones offer educational b\_\_\_\_\_, they also bring significant risks. Unrestricted access can lead to c\_\_\_\_\_ in exams, as 19% of US teens say. Additionally, it exposes young people to cy\_\_\_\_\_, affecting emotional well-being. For instance, Sarah, who had unrestricted access, suffered from this, damaging her self-confidence. Smartphones offer entertainment but excessive use can lead to a\_\_\_\_\_ and harm schoolwork, with 72% of teens checking their phones at least once an hour, and 75% reporting distractions from homework. In conclusion, smartphones offer both advantages and risks, but p\_\_\_\_\_ must make sure to set boundaries to make sure their children are safe.





# WHAT'S NEXT...

In the next lesson, we're going to learn how to identify and write strong arguments.

See you next time!