



QQENGLISH TOEIC®
RAPID VOCABULARY BUILDER
Beginner

STUDENT'S BOOK

INTRODUCTION

This course book teaches you vocabulary that will help you improve your English. It includes 20 vocabulary-building lessons (25 minutes) with words which frequently appear in everyday English.

One of the best ways to improve your vocabulary is to listen and read often. The more words you see, the more you will learn. In this course book you might come across the same words again and again in different contexts. Recognizing a word in different contexts proves that you have familiarized yourself with the word.

I suggest that you learn a word first auditorily (by hearing the word repetitively), then visually (by seeing the word repetitively), and orally (by using the mouth) and finally kinesthetically (by writing the word repetitively).

Good luck!

Yoshito Miyosawa
RSA/ Cambridge/ CELTA

DAY 1

DAILY ROUTINE / HOME ACTIVITIES I



1



5



2



6



3



4



7

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